

SUMMER 2017

parenting

HELPING CHILDREN WHO HAVE WITNESSED DOMESTIC VIOLENCE

12-week class is designed to help understand the effects that domestic violence has on children and the family. Learn and practice new problem-solving techniques to use with your children and loved ones, learn how to develop safe boundaries, validation, and more effective communication skills.

TUESDAYS, 6:00-8:00 PM

JULY 11-SEPTEMBER 26

TUITION: \$250

(FLEXIBLE PAYMENT PLANS AVAILABLE)

LEARN ENGLISH FOR FREE

Improve English speaking, reading & writing skills in a small class environment. This is a beginner level class.

Open to speakers of ALL languages!

THURSDAYS, 10:00-11:00 AM

TUITION: FREE

ROCKING FATHERHOOD

By Chris Kornelis

Enjoy an evening in Smith Park with the author of 'Rocking Fatherhood', a great read about a cool guy and his first few months of being a cool dad.

Chris is a Bremerton resident who collaborated with Guns N' Roses co-founder Duff McKagan on his memoir, How to Be a Man (Da Capo, 2015). He is a regular contributor to the Wall Street Journal and has written for Maxim, Delta Sky, the Village Voice, the Washington Times, the Seattle Times and the online extensions of Rolling Stone and the Atlantic. In a previous life, he was music editor at Seattle Weekly

Enjoy an evening with Chris, music, comedy and a night of just being a dad with your family.

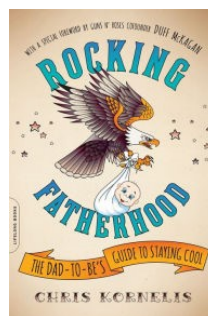
JULY 27th, 6-7:30 PM

SMITH PARK

1201 PARK AVE

DOWNTOWN BREMERTON

**FIRST 10 DADS TO REGISTER,
RECEIVE AN
AUTOGRAPHED COPY
OF 'ROCKING FATHERHOOD'**



THE NURTURED HEART APPROACH ©

Learn to apply a set of core methodologies into your parenting or teaching style.

The Three Stands™

- **Neutralize Negative Behavior**
- **Energize Positive Behavior in Meaningful Ways**
- **Demonstrate Fair & Consistent Boundaries**

AUGUST 15 & 17

9:00-11:00 AM

TUITION \$25/\$40 W/CHILDCARE

POSITIVE SOLUTIONS FOR FAMILIES

Evidence based, 6-week, intensive class series for parents & caregivers developed by The Center on the Social Emotional Foundations for Early Learning (CSEFEL), designed to promote social and emotional skills.

WEDNESDAYS, 6:00-8:00 PM

JULY 19-AUGUST 23

TUITION: \$80

(SCHOLARSHIPS & PAYMENTS AVAILABLE)



KITSAP COMMUNITY
Resources

A Community Action Partnership. Helping people. Changing lives.